

What: Departing from tradition by challenging and changing the fundamental nature of what we currently know to be possible in human relating.

Us: Challenging current belief systems by introducing new thought-maps and concepts.

You: Shifting perspective from what's 'known' to create space for, invite and experience the emergence of the 'unknown' on the journey of re-creation.

What: To invite awareness and knowledge of an intellectual concept into the physical, emotional and energetic bodies.

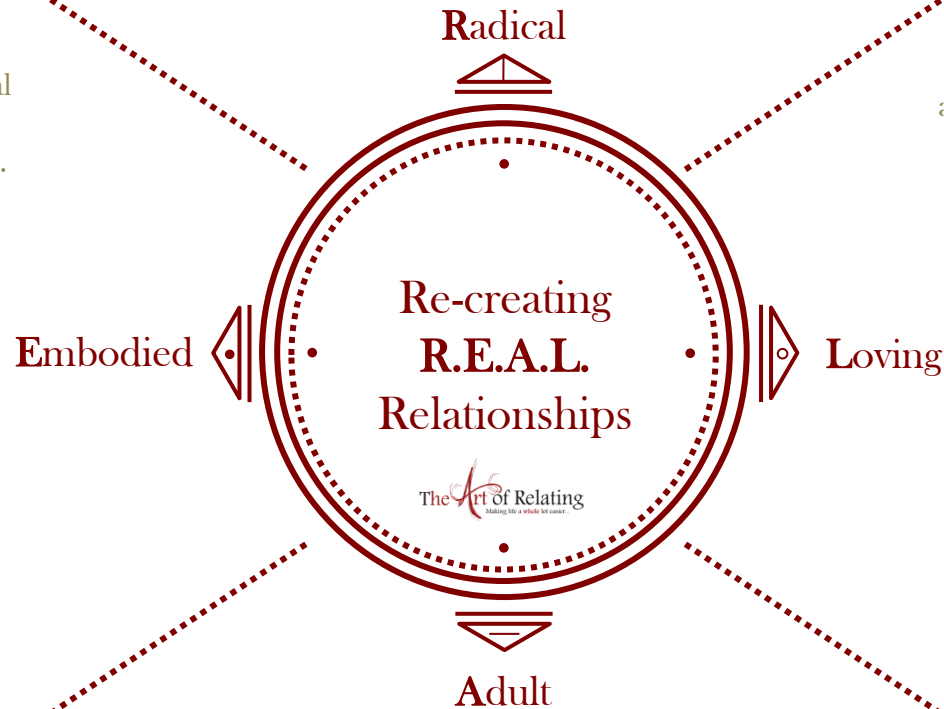
Us: Inviting and exploring new forms of connection with and integration of the 4 bodies through sensory, vocal and movement practices.

You: Allowing authentic expression and body wisdom to emerge by unblocking stuck energy and creating space for what is in-formation and guidance in and of the present moment.

What: Acting from a place of unconditional acceptance for self and other as is right now and in our constant states of transformation.

Us: Creating safe and transformational spaces that encourage and invite the natural life-force energies to unfold, flow, emerge, re-member and regenerate .

You: Releasing forced creation, allowing for connection and synergy of the mind, heart, body, spirit wisdoms move you into artful relationship with yourself and all around you.



What: Being radically responsible for all that you choose to create in the world from a place of 'wholeness'.

Us: Hosting experimental Adult playgrounds that call out, challenge and question motivators and behaviours as mirrors for growth potential.

You: Experiencing yourself in various stages of growth creating opportunity to reclaim lost aspects of self on the journey of growing-up and becoming whole.